

SHARING A STUDIO “OFFICE” SPACE MAKING WITH MICHELLE

- **Designate zones:** Create a “work” space in your home and try to avoid relaxing or eating there.
- **Keep it Clean:** Remove as much clutter as you can from your line of sight to help yourself stay focused.
- **Check in with your Co-Worker:** If you share a small space, sit down with your roommate or partner about daily schedules to plan for meetings & calls.
- **Put Your Work Away:** Do your best to put work out of sight at the end of your day to help maintain your schedule.



TIME TO LEARN AND PLAY EDUCATING WITH ERICA

- **Make space for learning** by setting up a table or space where you focus on that day’s activities.
- Find a way to make each day about working AND having fun by **creating a schedule**.
- Mix up your activities! Erica & her son, Carson, **pull ideas out of a hat** for new science experiments during their “Let’s Try This” sessions.
- **Let go of perfection:** Improvisation is also art, because Carson is three and likes to make up his own artistic methods.

FOUR LEGGED FAMILY FUN DIY PET ACTIVITIES WITH EMILY

- Do you have **brown packing paper** from grocery or supply deliveries? These make great forts for your cat to jump and play in!
- **Ready to run!** Work out with your canine buddy by doing sprints from one side of the yard to the other.
- **Empty toilet paper or paper towel rolls** are great for games of chase or fetch with four legged friends.
- **Take a cue from them** and find a sunny spot to curl up in for a cat nap or a doggie doze!



[WINE]DING DOWN AT HOME LIBATIONS WITH LINDSEY

- **Nothing on hand?** Check out Wine-searcher for curb-side pick-up and delivery options in your neighborhood.
- **Looking for a new favorite?** Try the flavor profile test at Bright Cellars to refine your search for something great.
- **Need more inspiration?** Visit Napa Valley is offering virtual backgrounds for Zoom meetings: go from your living room to a tranquil winery in seconds!
- **Want to make this a party?** Some wineries are offering virtual tastings and events that you can attend with friends!